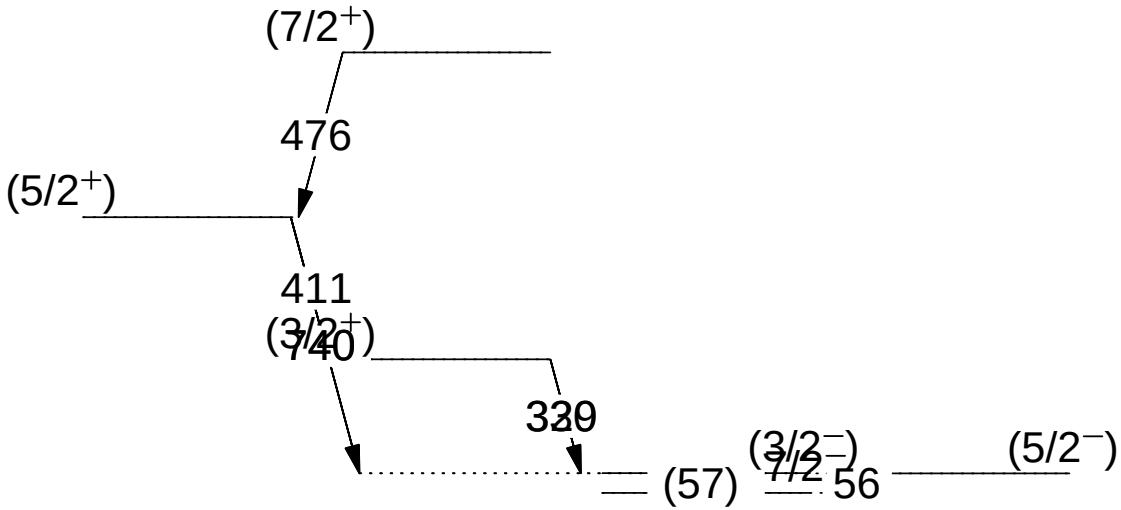
(7/2+)
476
(5/2+)
411
(3/2+)
740
329
(3/2−)
(5/2−)
(57)
56